



## Rural Health Association of Utah (RHAU)

*2024 Annual Conference*

*Cultivating Healthier Lives in Rural Utah*

*November 13-14, 2024*

**Wednesday, November 13, 2024**

**Location: Dixie Technical College**

| Time   | Topic  | Speaker                                      | Location                        |
|--|--|--|---------------------------------|
| 6:00 p.m.  | Registration Opens   |  | Lobby                           |
| 6:00-7:00 p.m.   | Dinner and Networking  |  | Lobby,<br>Mezzanine,<br>Terrace |
| 6:50-7:10 p.m.   | Dinner Sponsor Message   | Utah Tech University                         | Auditorium                      |
| ----- <b>Rural Health Association of Utah Annual Update Session</b> -----<br>Sponsored by Southern Utah AHEC |  |  |                                 |
| 7:00-7:20 p.m.   | Welcome & Introduction of the RHAU Team and Board Members              | Kurt Loveless                                | Auditorium                      |
| 7:20-7:45 p.m.   | Presentation of RHAU Awards & the Deb Lamarche Telehealth Health Award | Kurt Loveless,<br>Utah Telehealth<br>Network | Auditorium                      |
| 7:45-8:30 p.m.   | RHAU Annual Update Presentation  | Kurt Loveless &<br>Kasey Shakespear          | Auditorium                      |

**Thursday, November 14, 2024**

**Location: Dixie Convention Center**

| Time   | Topic  | Speaker              | Location                      |
|--|--|----------------------|-------------------------------|
| 8:00 a.m.  | Registration & Info Tables open              |                      | North<br>Registration<br>Desk |
| 8:00-8:30 a.m.   | Networking Breakfast<br>Sponsored by Dynavax | Sara Paul<br>Dynavax | Ballroom                      |
| ----- <b>Keynote Session</b> -----<br>Sponsored by InlandRMC |  |                      |                               |
| 8:30-8:45 a.m.   | Conference Welcome                           | Kurt Loveless        | Ballroom                      |



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|---|---|-----------------------------|------------|
| 8:45-9:30 a.m.  | Keynote Address:<br>A Unique Journey in Rural Health  | Corbin Allred, PA-C         | Ballroom   |
| 9:30-9:45 a.m.  | <b>Morning Break</b> - Information tables and poster sessions   |                             | Ballroom   |
| 9:45-10:45 a.m.   | <b>Breakout 1</b>   |                             | Sunbrook A |
|   |   |                             | Sunbrook B |
|   |   |                             | Sunbrook C |
| 10:45-11:00 a.m.  | <b>Mid-Conference Break</b> - Sponsored by Nightingale College<br>Snacks, Information tables, and poster sessions |                             | Ballroom   |
| 11:00-12:00 p.m.  | <b>Breakout 2</b>   |                             | Sunbrook A |
|   |   |                             | Sunbrook B |
|   |   |                             | Sunbrook C |
| ----- <b>Plenary Session</b> -----<br><i>Sponsored by Intermountain Children's Health</i> |   |                             |            |
| 12:00-12:30 p.m.  | Lunch & Sponsors note   | Utah Marriage<br>Commission | Ballroom   |
| 12:30-1:00 p.m.   | RHAU's relationship to state and<br>federal efforts   | Zil Romero, NRHA            | Ballroom   |
| 1:00-2:00 p.m.  | Utah Legislative Update Panel   | Marc Watterson              | Ballroom   |
| 2:00-2:15 p.m.  | <b>Afternoon Break</b> - Sponsored Snacks, Information tables, and<br>poster sessions                             |                             | Ballroom   |
| 2:15-3:15 p.m.  | <b>Breakout 3</b>   |                             | Sunbrook A |
|   |   |                             | Sunbrook B |
|   |   |                             | Sunbrook C |
| 3:15-3:30 p.m.  | <b>Prizes and Adjourning the Conference</b>   |                             | Ballroom   |



## Breakout Session Details

| <b>Breakout 1</b> |   | <b>9:45-10:45 a.m.</b> |
|-------------------|---|------------------------|
| <b>1A</b>         | <i>Oral Health Access/Care in Rural Utah and the State Oral Health Improvement Plan</i>   | Sunbrook A             |
|                   | <b>Description:</b> Dr. Stacey Swilling, the State Dental Director for Utah, will be discussing findings from several efforts to assess the current status of access and care to crucial oral health services. These survey efforts include surveying elementary students 1-3rd grade to assess cavities, a consumer survey that is going out in Utah which is being provided in five languages, and a report on workforce and licensure for oral health professionals. These pieces of data play a significant role in the development of the State Oral Health Improvement Plan, which Dr. Swilling will be presenting as a part of her discussion. |                        |
|                   | <b>Speakers:</b> Dr. Stacey Swilling, DDS, State Dental Director, Utah Department of Health and Human Services.   |                        |
|                   | <b>Session Sponsor:</b> TBD   |                        |
| <b>1B</b>         | <i>Infrastructure Access in Rural Utah, UTN/NRTRC Resources</i>   | Sunbrook B             |
|                   | <b>Description:</b> The Utah Telehealth Network (UTN) and the Northwest Regional Telehealth Resource Center (NRTRC) are close partners who work to expand access to healthcare services and resources in rural Utah. Come learn more about their efforts and resources, including UTN's work to expand their network into extremely rural communities in San Juan County, Utah.   |                        |
|                   | <b>Speakers:</b> Sarah Bauman, MBA, Associate Director, Utah Telehealth Network, and Nicki Perisho, Program Director, Northwest Regional Telehealth Resource Center, Jeff Egly, Associate Director with the Utah Education and Telehealth Network   |                        |
|                   | <b>Session Sponsor:</b> Utah Hospital Association   |                        |



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| <b>1C</b>         | <i>Utah's Community Canvas: Painting Progress Through Extension Programs</i>   | Sunbrook C              |
|                   | <b>Description:</b> Welcome to "Utah's Community Canvas: Painting Progress Through Extension Programs," a showcase of the dynamic and diverse initiatives spearheaded by Home and Community Extension programs across Utah. Our mission is to solve everyday challenges, helping families and individuals enhance their lives through practical, community-based solutions. In this presentation, we will delve into a variety of successful programs that demonstrate our commitment to empowerment and improvement across the state.                       |                         |
|                   | <b>Speakers:</b> Heidi LeBlanc, MS, Melanie Jewkes, MS, Paul Hill, MBA, Ph.D., Lea Palmer, MPH, RDN, LD, MBA, Sadie Wilde, MPH   |                         |
|                   | <b>Session Sponsor:</b> Healthy Relationships Utah   |                         |
| <b>Breakout 2</b> |  | <b>11:00-12:00 p.m.</b> |
| <b>2A</b>         | <i>The Utah Pediatric Trauma Network</i>   | Sunbrook A              |
|                   | <b>Description:</b> The Utah Pediatric Trauma Network is a transparent statewide pediatric trauma collaborative of all hospitals in Utah with the purpose of improving pediatric trauma care. The UPTN implements evidence-based guidelines based on hospital resources and capabilities with quarterly review of data collected in a network specific database. Join Dr. Katie Russell as she discusses how the network was founded, how it functions, and how to access this vital resource across rural Utah to better support pediatric trauma patients. |                         |
|                   | <b>Speakers:</b> Dr. Katie Russell, MD, Intermountain Children's Health  |                         |
|                   | <b>Session Sponsor:</b> TBD  |                         |
| <b>2B</b>         | <i>Cyber Security in Rural Utah</i>  | Sunbrook B              |
|                   | <b>Description:</b> Troy Jessup oversees network security for one of the largest and most complicated networks of its kind in the United States. Troy will be sharing his experience and insight into current trends in cybersecurity in healthcare to help organizations learn to comply with regulations and requirements and protect themselves from the ever-evolving cybersecurity threats that could seriously impact a healthcare organization.   |                         |



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|                   | <p><b>Speakers:</b> Troy Jessup, Associate Director of Network and Security Operations for Utah Education and Telehealth Network</p>   |                       |
|                   | <p><b>Session Sponsor:</b> TBD</p>   |                       |
| 2C                | <p><b>Rural Jail-Based Community Health Worker Substance Abuse Intervention</b></p>  | Sunbrook C            |
|                   | <p><b>Description:</b> Intermountain Health partnered with the Sanpete County Jail through the Rural Community Opioid Response Program to pilot a novel approach to aiding inmates with Opioid Use Disorder (SUD). They placed a certified Community Health Worker in the jail to offer intervention and support to incarcerated individuals with OUD. Over the next 16 months, the jail experienced a 60% decrease in recidivism rates as a result. This session will detail those efforts, provide testimonials, and cover other lessons learned in this incredible success story.</p> |                       |
|                   | <p><b>Speakers:</b> Ingrid Maughan, MBA, Community Health Program Manager, Intermountain Health, Manny Lucero, MHI, Business Operations Coordinator, Intermountain Health, Kayla Deru, Medical Writer, Intermountain Health, Cheryl Swapp, CHW, Sanpete County Sheriff's Office</p>  |                       |
|                   | <p><b>Session Sponsor:</b> TBD</p>   |                       |
| <b>Breakout 3</b> |  | <b>2:15-3:15 p.m.</b> |
| 3A                | <p><b>Pediatric Adolescent Gynecology at Primary Children's Hospital</b></p>   | Sunbrook A            |
|                   | <p><b>Description:</b> Come learn about common myths that persist surrounding gynecology health in pediatric and adolescent females. We will discuss common complaints in this population, including how to evaluate and treat, as well as when to refer to a pediatric gynecologist.</p>  |                       |
|                   | <p><b>Speakers:</b> Dr. Katherine G. Hayes, MD, FACOG, Intermountain Children's Health</p>   |                       |
|                   | <p><b>Session Sponsor:</b> TBD</p>   |                       |
| 3B                | <p><b>Data to Action, Health Centers Getting Results</b></p>   | Sunbrook B            |
|                   | <p><b>Description:</b> The Association for Utah Community Health is leading the way in expanding access and maximizing</p>   |                       |



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|                  | <p>population health data in rural Utah. Join Dr. Sarah Woolsey, AUCH Medical Director, to discuss how to maximize electronic data in primary care settings to identify opportunities for improvement. Dr. Woolsey will be sharing case studies for diabetes and cancer prevalence from rural clinics to illustrate current efforts to support rural Utah with data.</p>  |                   |
|                  | <p><b>Speakers:</b> Sarah Woolsey, MD, MPH, FAAFP, Medical Director, AUCH</p>   |                   |
|                  | <p><b>Session Sponsor:</b> TBD</p>  |                   |
| <p><b>3C</b></p> | <p><i>How RHAU Can Help You Harness the Power of Grant Writing</i></p> <p><b>Description:</b> Grant work has a powerful potential to help tackle difficult challenges and lift an organization. To harness that potential, an organization must have a strong foundation to both acquire and manage grants. Join Jenn Stewart as she discusses steps to building the capacity to seek grants, how to find grants, what to expect in the writing process, and what comes after the initial thrill of getting a grant award. <b><i>This session will also include information about grant writing and support resources coming from RHAU in 2025!</i></b></p> <p><b>Speakers:</b> Jenn Stewart, Director of Sponsored Projects, Utah Tech University</p> <p><b>Session Sponsor:</b> TBD</p> | <p>Sunbrook C</p> |